



































Side Country FreeRide

Skis			Back Protector		
Poles			Multi-tool / Knife		
Boots			Whistle		
Lift Pass			Compass		
Piste / Trail Map			Emergency Card		
Helmet			Spare Batteries		
Goggles			Telescopic Poles		
Gloves			Skins		
Buff			Hat		
Spare Mid-layer			Contact Gloves		
Sun Cream			Sunglasses		
Lip Balm			Inclinometer		
Water			Gaffer Tape		
Food			First Aid Kit		
Money			Survival Bag / Blanket		
Avalanche Bulletin			GPS Beacon		
Charged Mobile Phone			Altimeter		
Transceiver			Thermometer		
Shovel			Touring Crampons		
Probe			Map (1:25,000)		
Backpack			Faraday Bag		