



FREERIDE
REPUBLIC

freeride-republic.com

Have
YOU
remembered...?



Before Your Head Out:



Review today's avalanche bulletin

Review today's local weather forecast

Conduct your risk assessment

Collaborate with your crew to make a plan for the day

Ensure your crew all know the plan

Check in with someone who can raise the alarm if you're not back by an agreed time

Check your transceiver is charged to 60% or above

Gear up. What do you need for this freeride mission?



At The Meeting Point:



Has everyone got their TSP (transceiver, shovel, probe)?

Remind your group of heuristic traps

Perform a group transceiver check



On The Move:



Communicate with your crew: is everyone happy? Has anything changed?

Pause and evaluate: remember to stop often and discuss consequences

Savour the moment and enjoy!



Back Home:



Let your alarm raiser know you're home safe

Talk about the day with your group – would you do anything differently next time?